

Sun. Dec. 5	MDC Sports	8:00 am-	12:00 pm
	OPEN SWIM	1:00 pm-	3:00 pm
	Med City Swim Club	3:00 pm-	6:00 pm
	OPEN SWIM	6:30 pm-	8:30 pm
Mon. Dec. 6	Rochester Swim Club Orca's (Monday through Friday)	5:30 am-	7:00 am
	PARENT/TOT - ADULT SWIM (No Lifeguard on Duty)	10:30 am-	11:30 am
	ADULT LAP SWIM (No Lifeguard on Duty)	11:30 am-	1:15 pm
	Rochester Swim Club Orca's (Monday through Friday)	3:30 pm-	7:00 pm
	Med City Swim Club (Monday through Friday)	7:00 pm-	9:00 pm
	OPEN SWIM	7:00 pm-	9:00 pm
	ADULT LAP SWIM	9:00 pm-	10:00 pm
Tues. Dec. 7	Water Aerobics (Tuesday and Thursday)	6:15 am-	8:15 am
	ADULT LAP SWIM (No Lifeguard on Duty)	11:30 am-	1:15 pm
Wed. Dec. 8	Med City Swim Club	5:30 am-	6:45 am
	Water Aerobics (Wednesday and Friday)	7:15 am-	8:15 am
	PARENT/TOT – ADULT SWIM (No Lifeguard on Duty)	10:30 am-	11:30 am
	ADULT LAP SWIM (No Lifeguard on Duty)	11:30 am-	1:15 pm
	OPEN SWIM	7:00 pm-	9:00 pm
	ADULT LAP SWIM	9:00 pm-	10:00 pm
Thurs. Dec. 9	ADULT LAP SWIM (No Lifeguard on Duty)	11:30 am-	1:15 pm
Fri. Dec. 10	PARENT/TOT – ADULT SWIM (No Lifeguard on Duty)	10:30 am-	11:30 am
	ADULT LAP SWIM (NO Lifeguard on Duty)	11:30 am-	1:15 pm
	ADULT LAP SWIM (No Lifeguard on Duty)	7:00 pm-	9:00 pm
Sat. Dec. 11	Rochester Swim Club Orca's	6:00 am-	8:30 am
	Red Cross Children's Fall Swim Lessons	8:30 am-	12:30 pm
	OPEN SWIM	1:00 pm-	3:00 pm
	Rochester Swim Club Orca's	4:00 pm-	6:15 pm
	MDC Sports	4:00 pm-	8:00 pm
San. Dec. 12	MDC Sports	8:30 am-	12:00 pm
	OPEN SWIM	1:00 pm-	3:00 pm
	Med City Swim Club	3:00 pm-	6:00 pm
	OPEN SWIM	6:30 pm-	8:30 pm

Cost Per Time – (each activity) – {Adult (19+) - \$4.00} {Youth (5-18) - \$3.00} {Children (under 5) – free}
www.rochestermn.gov (listed under Most Popular – Recreation Center Schedules)
 Schedules subject to change

Rochester Recreation Center
*****Pool*****

21 Elton Hills Drive NW
Schedule Information Line – 507-328-2501

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